



SUMMER CAMP BOARDING SCHOOL GAP YEAR

Adventure-Based Programs for
Youth and Young Adults with
ADHD & Learning Challenges



ABOUT SOAR



SOAR is an accredited summer camp, boarding school, and GAP year program serving youth & young adults with ADHD & learning challenges in locations across the country. Created in 1977 by an adult with learning disabilities, SOAR provides fun and successful experiences so that participants gain a greater awareness of their own strengths and build self-confidence. Campers, students, and gappers are learning social skills, executive functioning strategies, and practicing self advocacy through outdoor adventure activities and travel in a small group setting. Through these incredible adventures, participants make new friendships, build self-confidence, and develop life skills. Join us on the journey to success!



WHY CHOOSE SOAR?

Adventure

SOAR creates the opportunity to explore the outdoors through a variety of high adventure activities.

Belonging

SOAR provides support & understanding to participants so they can be celebrated for who they are.

Confidence

SOAR helps participants to overcome challenges, step outside their comfort zone, & experience success resulting in increased self-confidence.

Fun

SOAR offers fun and engaging outdoor activities in some of the most beautiful places on earth!

Life Skills

SOAR gives participants opportunities to practice life skills, such as organization & time management, that will benefit them in everyday life.

Self-Advocacy

SOAR teaches participants to advocate for their needs in day to day interactions to seek assistance when needed.

Success

SOAR celebrates the gifts and strengths of every participant and structures its programs to nurture success and build self-confidence.

SOAR is an authorized permittee of the
National Park Service & the National Forest Service.

The U.S. Department of Agriculture (USDA) prohibits discrimination in its programs.
To file a complaint of discrimination, write USDA, Director, Office of Civil Rights

SUMMER CAMP AT SOAR



Summer Camp at SOAR offers a supportive environment where campers are encouraged to be themselves and are celebrated for their strengths. Campers set personal goals and are supported by our staff & their peers to succeed. Camp offers a fun atmosphere where participants feel like they belong and their challenges are understood. With a small group setting we are able to guide campers through social interactions as they get to know one another and begin to form friendships. While most of our campers have ADHD or similar learning challenges, we extend the invitation to siblings as well! Check out our [Dates & Rates](#) page online for more information on course offerings and our multiple session discounts.



CAMP QUICK FACTS

8 CAMP LOCATIONS

North Carolina, Wyoming,
Florida, California, New York,
Belize, Costa Rica & Peru

Ages
8-25

1:4
staff-to-camper ratio

Accredited
by the American Camp Association

Available Activities

Archery & Throwing Tools, Alpine
Tower, Backpacking, Canoeing, Caving,
Fishing, High & Low Ropes Course,
Hiking, Horseback Riding, Kayaking,
Llama Trekking, Mountain Biking, Riflery,
Rock Climbing & Rappelling, SCUBA
Diving, Snorkeling, Stand Up Paddle
Boarding, Surfing & Whitewater Rafting

SOARNC.ORG | 828-456-3435

ACADEMY AT SOAR



The Academy at SOAR is an accredited private boarding school in the mountains of North Carolina for 7th – 12th graders. Our Academy is specially designed for students with ADHD and other learning challenges. Our unique teaching approach combines differentiated instruction in a small classroom setting with two-week experiential education expeditions. During their travels, school work is tailored to incorporate lessons based on their various locations. In addition to academic learning, our students gain essential social and life skills to help them become more successful individuals in and out of the classroom.



ACADEMY QUICK FACTS

Located in
North Carolina

Grades
7-12

Program runs
September - May

1:4
staff-to-student ratio
class size ranges from 2-8 students

Accredited
by Cognia/AdvancEd

8 total expeditions
7 US & 1 international

For course offerings & more information visit
<https://soarnc.org/academy/>

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GAP YEAR AT SOAR



The GAP Year at SOAR is designed for young adults that have graduated from High School or obtained their GED. We strive to empower our participants through travel, college classes, and volunteering. They discover their talents, increase their self-reliance, and experience life-changing adventures while preparing for their future. The GAP Year encourages participants to pursue new and existing interests and strengths, develop social skills via communal living, increase life skills through expedition planning and exploring the Western USA, and practice independent living in a small group setting. Participants alternate between residential campus phases and expeditions.



GAP QUICK FACTS

Located in
Wyoming

Ages
18-24

Program runs
September - April

1:5
staff-to-gapper ratio

4 college credits
from Central Wyoming College

6 total expeditions

5 US & 1 international

For more information please visit
<https://soarnc.org/gap-year/>

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READY TO JOIN?!



Apply online today!

To submit an application visit soarnc.org. Please note there is a \$100 application fee for Academy & GAP.

Have Questions?

Call us at 828-456-3435 or email admissions@soarnc.org.

We look forward to hearing from you and learning more about your family to help decide if SOAR is the best fit.

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TESTIMONIALS

“Everyone at SOAR does an amazing job helping the kids find their voice, gain confidence and learn valuable life skills all while having fun and experiencing some really cool activities. We can’t say enough about this remarkable program.”

“SOAR is the first place we have found that strives to challenge kids with ADHD & LD to reach their potential in a safe, nurturing and exciting environment.”

“SOAR really understands the challenges (social, emotional and learning) that our kids face and these challenges are dealt with head-on in a nurturing and safe environment that promotes confidence and success.”





SOAR

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Visit soarnc.org for dates & rates and to apply!

Connect with us @soaradhd

